

2014

WEEK 1

12 | 29 MON

12 | 30 TUE

12 | 31 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 1 THU

1 | 2 FRI

1 | 3 SAT

1 | 4 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 2

1 | 5 MON

1 | 6 TUE

1 | 7 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 8 THU

1 | 9 FRI

1 | 10 SAT

1 | 11 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 3

1 | 12 MON

1 | 13 TUE

1 | 14 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 15 THU

1 | 16 FRI

1 | 17 SAT

1 | 18 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 4

1 | 19 MON

1 | 20 TUE

1 | 21 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 22 THU

1 | 23 FRI

1 | 24 SAT

1 | 25 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 5

1 | 26 MON

1 | 27 TUE

1 | 28 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 29 THU

1 | 30 FRI

1 | 31 SAT

2 | 1 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 6

2 | 2 MON

2 | 3 TUE

2 | 4 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 5 THU

2 | 6 FRI

2 | 7 SAT

2 | 8 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 7

2 | 9 MON

2 | 10 TUE

2 | 11 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 12 THU

2 | 13 FRI

2 | 14 SAT

2 | 15 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 8

2 | 16 MON

2 | 17 TUE

2 | 18 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 19 THU

2 | 20 FRI

2 | 21 SAT

2 | 22 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 9

2 | 23 MON

2 | 24 TUE

2 | 25 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 26 THU

2 | 27 FRI

2 | 28 SAT

3 | 1 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 10

3 | 2 MON

3 | 3 TUE

3 | 4 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 5 THU

3 | 6 FRI

3 | 7 SAT

3 | 8 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 11

3 | 9 MON

3 | 10 TUE

3 | 11 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 12 THU

3 | 13 FRI

3 | 14 SAT

3 | 15 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 12

3 | 16 MON

3 | 17 TUE

3 | 18 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

3 | 19 THU

3 | 20 FRI

3 | 21 SAT

3 | 22 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 13

3 | 23 MON

3 | 24 TUE

3 | 25 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 26 THU

3 | 27 FRI

3 | 28 SAT

3 | 29 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 14

3 | 30 MON

3 | 31 TUE

4 | 1 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 2 THU

4 | 3 FRI

4 | 4 SAT

4 | 5 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 15

4 | 6 MON

4 | 7 TUE

4 | 8 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 9 THU

4 | 10 FRI

4 | 11 SAT

4 | 12 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 16

4 | 13 MON

4 | 14 TUE

4 | 15 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

4 | 16 THU

4 | 17 FRI

4 | 18 SAT

4 | 19 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 17

4 | 20 MON

4 | 21 TUE

4 | 22 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 23 THU

4 | 24 FRI

4 | 25 SAT

4 | 26 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 18

4 | 27 MON

4 | 28 TUE

4 | 29 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 30 THU

5 | 1 FRI

5 | 2 SAT

5 | 3 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 19

5 | 4 MON

5 | 5 TUE

5 | 6 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

5 | 7 THU

5 | 8 FRI

5 | 9 SAT

5 | 10 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 20

5 | 11 MON

5 | 12 TUE

5 | 13 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

5 | 14 THU

5 | 15 FRI

5 | 16 SAT

5 | 17 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 21

5 | 18 MON

5 | 19 TUE

5 | 20 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

5 | 21 THU

5 | 22 FRI

5 | 23 SAT

5 | 24 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 22

5 | 25 MON

5 | 26 TUE

5 | 27 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

5 | 28 THU

5 | 29 FRI

5 | 30 SAT

5 | 31 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 23

6 | 1 MON

6 | 2 TUE

6 | 3 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

6 | 4 THU

6 | 5 FRI

6 | 6 SAT

6 | 7 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 24

6 | 8 MON

6 | 9 TUE

6 | 10 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

6 | 11 THU

6 | 12 FRI

6 | 13 SAT

6 | 14 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 25

6 | 15 MON

6 | 16 TUE

6 | 17 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

6 | 18 THU

6 | 19 FRI

6 | 20 SAT

6 | 21 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 26

6 | 22 MON

6 | 23 TUE

6 | 24 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

6 | 25 THU

6 | 26 FRI

6 | 27 SAT

6 | 28 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 27

6 | 29 MON

6 | 30 TUE

7 | 1 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

7 | 2 THU

7 | 3 FRI

7 | 4 SAT

7 | 5 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 28

7 | 6 MON

7 | 7 TUE

7 | 8 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

7 | 9 THU

7 | 10 FRI

7 | 11 SAT

7 | 12 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 29

7 | 13 MON

7 | 14 TUE

7 | 15 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

7 | 16 THU

7 | 17 FRI

7 | 18 SAT

7 | 19 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 30

7 | 20 MON

7 | 21 TUE

7 | 22 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

7 | 23 THU

7 | 24 FRI

7 | 25 SAT

7 | 26 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 31

7 | 27 MON

7 | 28 TUE

7 | 29 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

7 | 30 THU

7 | 31 FRI

8 | 1 SAT

8 | 2 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 32

8 | 3 MON

8 | 4 TUE

8 | 5 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

8 | 6 THU

8 | 7 FRI

8 | 8 SAT

8 | 9 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 33

8 | 10 MON

8 | 11 TUE

8 | 12 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

8 | 13 THU

8 | 14 FRI

8 | 15 SAT

8 | 16 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 34

8 | 17 MON

8 | 18 TUE

8 | 19 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8 | 20 THU

8 | 21 FRI

8 | 22 SAT

8 | 23 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 35

8 | 24 MON

8 | 25 TUE

8 | 26 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8 | 27 THU

8 | 28 FRI

8 | 29 SAT

8 | 30 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 36

8 | 31 MON

9 | 1 TUE

9 | 2 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

9 | 3 THU

9 | 4 FRI

9 | 5 SAT

9 | 6 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2015

WEEK 37

9 | 7 MON

9 | 8 TUE

9 | 9 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

9 | 10 THU

9 | 11 FRI

9 | 12 SAT

9 | 13 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 38

9 | 14 MON

9 | 15 TUE

9 | 16 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

9 | 17 THU

9 | 18 FRI

9 | 19 SAT

9 | 20 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 39

9 | 21 MON

9 | 22 TUE

9 | 23 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

9 | 24 THU

9 | 25 FRI

9 | 26 SAT

9 | 27 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 40

9 | 28 MON

9 | 29 TUE

9 | 30 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 1 THU

10 | 2 FRI

10 | 3 SAT

10 | 4 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 41

10 | 5 MON

10 | 6 TUE

10 | 7 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 8 THU

10 | 9 FRI

10 | 10 SAT

10 | 11 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 42

10 | 12 MON

10 | 13 TUE

10 | 14 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 15 THU

10 | 16 FRI

10 | 17 SAT

10 | 18 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 43

10 | 19 MON

10 | 20 TUE

10 | 21 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 22 THU

10 | 23 FRI

10 | 24 SAT

10 | 25 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 44

10 | 26 MON

10 | 27 TUE

10 | 28 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 29 THU

10 | 30 FRI

10 | 31 SAT

11 | 1 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 45

11 | 2 MON

11 | 3 TUE

11 | 4 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

11 | 5 THU

11 | 6 FRI

11 | 7 SAT

11 | 8 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 46

11 | 9 MON

11 | 10 TUE

11 | 11 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

11 | 12 THU

11 | 13 FRI

11 | 14 SAT

11 | 15 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 47

11 | 16 MON

11 | 17 TUE

11 | 18 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

11 | 19 THU

11 | 20 FRI

11 | 21 SAT

11 | 22 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 48

11 | 23 MON

11 | 24 TUE

11 | 25 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

11 | 26 THU

11 | 27 FRI

11 | 28 SAT

11 | 29 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 49

11 | 30 MON

12 | 1 TUE

12 | 2 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 3 THU

12 | 4 FRI

12 | 5 SAT

12 | 6 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 50

12 | 7 MON

12 | 8 TUE

12 | 9 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 10 THU

12 | 11 FRI

12 | 12 SAT

12 | 13 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 51

12 | 14 MON

12 | 15 TUE

12 | 16 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 17 THU

12 | 18 FRI

12 | 19 SAT

12 | 20 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 52

12 | 21 MON

12 | 22 TUE

12 | 23 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 24 THU

12 | 25 FRI

12 | 26 SAT

12 | 27 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2015

WEEK 1

12 | 28 MON

12 | 29 TUE

12 | 30 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 31 THU

1 | 1 FRI

1 | 2 SAT

1 | 3 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 2

1 | 4 MON

1 | 5 TUE

1 | 6 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 7 THU

1 | 8 FRI

1 | 9 SAT

1 | 10 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2016

WEEK 3

1 | 11 MON

1 | 12 TUE

1 | 13 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 14 THU

1 | 15 FRI

1 | 16 SAT

1 | 17 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2016

WEEK 4

1 | 18 MON

1 | 19 TUE

1 | 20 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 21 THU

1 | 22 FRI

1 | 23 SAT

1 | 24 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2016

WEEK 5

1 | 25 MON

1 | 26 TUE

1 | 27 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 28 THU

1 | 29 FRI

1 | 30 SAT

1 | 31 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 6

2 | 1 MON

2 | 2 TUE

2 | 3 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2 | 4 THU

2 | 5 FRI

2 | 6 SAT

2 | 7 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2016

WEEK 7

2 | 8 MON

2 | 9 TUE

2 | 10 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2 | 11 THU

2 | 12 FRI

2 | 13 SAT

2 | 14 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2016

WEEK 8

2 | 15 MON

2 | 16 TUE

2 | 17 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2 | 18 THU

2 | 19 FRI

2 | 20 SAT

2 | 21 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2016

WEEK 9

2 | 22 MON

2 | 23 TUE

2 | 24 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 25 THU

2 | 26 FRI

2 | 27 SAT

2 | 28 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 10

2 | 29 MON

3 | 1 TUE

3 | 2 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 3 THU

3 | 4 FRI

3 | 5 SAT

3 | 6 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 11

3 | 7 MON

3 | 8 TUE

3 | 9 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 10 THU

3 | 11 FRI

3 | 12 SAT

3 | 13 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 12

3 | 14 MON

3 | 15 TUE

3 | 16 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 17 THU

3 | 18 FRI

3 | 19 SAT

3 | 20 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 13

3 | 21 MON

3 | 22 TUE

3 | 23 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 24 THU

3 | 25 FRI

3 | 26 SAT

3 | 27 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 14

3 | 28 MON

3 | 29 TUE

3 | 30 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 31 THU

4 | 1 FRI

4 | 2 SAT

4 | 3 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 15

4 | 4 MON

4 | 5 TUE

4 | 6 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 7 THU

4 | 8 FRI

4 | 9 SAT

4 | 10 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2016

WEEK 16

4 | 11 MON

4 | 12 TUE

4 | 13 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

4 | 14 THU

4 | 15 FRI

4 | 16 SAT

4 | 17 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20