

2016

WEEK 53

12 | 26 MON

12 | 27 TUE

12 | 28 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 29 THU

12 | 30 FRI

12 | 31 SAT

1 | 1 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 1

1 | 2 MON

1 | 3 TUE

1 | 4 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 5 THU

1 | 6 FRI

1 | 7 SAT

1 | 8 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 2

1 | 9 MON

1 | 10 TUE

1 | 11 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 12 THU

1 | 13 FRI

1 | 14 SAT

1 | 15 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 3

1 | 16 MON

1 | 17 TUE

1 | 18 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 19 THU

1 | 20 FRI

1 | 21 SAT

1 | 22 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 4

1 | 23 MON

1 | 24 TUE

1 | 25 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 26 THU

1 | 27 FRI

1 | 28 SAT

1 | 29 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 5

1 | 30 MON

1 | 31 TUE

2 | 1 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 2 THU

2 | 3 FRI

2 | 4 SAT

2 | 5 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 6

2 | 6 MON

2 | 7 TUE

2 | 8 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 9 THU

2 | 10 FRI

2 | 11 SAT

2 | 12 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 7

2 | 13 MON

2 | 14 TUE

2 | 15 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 16 THU

2 | 17 FRI

2 | 18 SAT

2 | 19 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 8

2 | 20 MON

2 | 21 TUE

2 | 22 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 23 THU

2 | 24 FRI

2 | 25 SAT

2 | 26 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 9

2 | 27 MON

2 | 28 TUE

3 | 1 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 2 THU

3 | 3 FRI

3 | 4 SAT

3 | 5 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 10

3 | 6 MON

3 | 7 TUE

3 | 8 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 9 THU

3 | 10 FRI

3 | 11 SAT

3 | 12 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 11

3 | 13 MON

3 | 14 TUE

3 | 15 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 16 THU

3 | 17 FRI

3 | 18 SAT

3 | 19 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 12

3 | 20 MON

3 | 21 TUE

3 | 22 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

3 | 23 THU

3 | 24 FRI

3 | 25 SAT

3 | 26 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 13

3 | 27 MON

3 | 28 TUE

3 | 29 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 30 THU

3 | 31 FRI

4 | 1 SAT

4 | 2 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 14

4 | 3 MON

4 | 4 TUE

4 | 5 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 6 THU

4 | 7 FRI

4 | 8 SAT

4 | 9 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 15

4 | 10 MON

4 | 11 TUE

4 | 12 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

4 | 13 THU

4 | 14 FRI

4 | 15 SAT

4 | 16 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 16

4 | 17 MON

4 | 18 TUE

4 | 19 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 20 THU

4 | 21 FRI

4 | 22 SAT

4 | 23 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 17

4 | 24 MON

4 | 25 TUE

4 | 26 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 27 THU

4 | 28 FRI

4 | 29 SAT

4 | 30 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 18

5 | 1 MON

5 | 2 TUE

5 | 3 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

5 | 4 THU

5 | 5 FRI

5 | 6 SAT

5 | 7 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 19

5 | 8 MON

5 | 9 TUE

5 | 10 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

5 | 11 THU

5 | 12 FRI

5 | 13 SAT

5 | 14 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 20

5 | 15 MON

5 | 16 TUE

5 | 17 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

5 | 18 THU

5 | 19 FRI

5 | 20 SAT

5 | 21 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 21

5 | 22 MON

5 | 23 TUE

5 | 24 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

5 | 25 THU

5 | 26 FRI

5 | 27 SAT

5 | 28 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 22

5 | 29 MON

5 | 30 TUE

5 | 31 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

6 | 1 THU

6 | 2 FRI

6 | 3 SAT

6 | 4 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 23

6 | 5 MON

6 | 6 TUE

6 | 7 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

6 | 8 THU

6 | 9 FRI

6 | 10 SAT

6 | 11 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 24

6 | 12 MON

6 | 13 TUE

6 | 14 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

6 | 15 THU

6 | 16 FRI

6 | 17 SAT

6 | 18 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 25

6 | 19 MON

6 | 20 TUE

6 | 21 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

6 | 22 THU

6 | 23 FRI

6 | 24 SAT

6 | 25 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 26

6 | 26 MON

6 | 27 TUE

6 | 28 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

6 | 29 THU

6 | 30 FRI

7 | 1 SAT

7 | 2 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 27

7 | 3 MON

7 | 4 TUE

7 | 5 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

7 | 6 THU

7 | 7 FRI

7 | 8 SAT

7 | 9 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 28

7 | 10 MON

7 | 11 TUE

7 | 12 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

7 | 13 THU

7 | 14 FRI

7 | 15 SAT

7 | 16 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 29

7 | 17 MON

7 | 18 TUE

7 | 19 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

7 | 20 THU

7 | 21 FRI

7 | 22 SAT

7 | 23 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 30

7 | 24 MON

7 | 25 TUE

7 | 26 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

7 | 27 THU

7 | 28 FRI

7 | 29 SAT

7 | 30 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 31

7 | 31 MON

8 | 1 TUE

8 | 2 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8 | 3 THU

8 | 4 FRI

8 | 5 SAT

8 | 6 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 32

8 | 7 MON

8 | 8 TUE

8 | 9 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

8 | 10 THU

8 | 11 FRI

8 | 12 SAT

8 | 13 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 33

8 | 14 MON

8 | 15 TUE

8 | 16 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8 | 17 THU

8 | 18 FRI

8 | 19 SAT

8 | 20 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 34

8 | 21 MON

8 | 22 TUE

8 | 23 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8 | 24 THU

8 | 25 FRI

8 | 26 SAT

8 | 27 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 35

8 | 28 MON

8 | 29 TUE

8 | 30 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

8 | 31 THU

9 | 1 FRI

9 | 2 SAT

9 | 3 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 36

9 | 4 MON

9 | 5 TUE

9 | 6 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

9 | 7 THU

9 | 8 FRI

9 | 9 SAT

9 | 10 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 37

9 | 11 MON

9 | 12 TUE

9 | 13 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

9 | 14 THU

9 | 15 FRI

9 | 16 SAT

9 | 17 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 38

9 | 18 MON

9 | 19 TUE

9 | 20 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

9 | 21 THU

9 | 22 FRI

9 | 23 SAT

9 | 24 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 39

9 | 25 MON

9 | 26 TUE

9 | 27 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

9 | 28 THU

9 | 29 FRI

9 | 30 SAT

10 | 1 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 40

10 | 2 MON

10 | 3 TUE

10 | 4 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 5 THU

10 | 6 FRI

10 | 7 SAT

10 | 8 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 41

10 | 9 MON

10 | 10 TUE

10 | 11 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 12 THU

10 | 13 FRI

10 | 14 SAT

10 | 15 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 42

10 | 16 MON

10 | 17 TUE

10 | 18 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 19 THU

10 | 20 FRI

10 | 21 SAT

10 | 22 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 43

10 | 23 MON

10 | 24 TUE

10 | 25 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

10 | 26 THU

10 | 27 FRI

10 | 28 SAT

10 | 29 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 44

10 | 30 MON

10 | 31 TUE

11 | 1 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

11 | 2 THU

11 | 3 FRI

11 | 4 SAT

11 | 5 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 45

11 | 6 MON

11 | 7 TUE

11 | 8 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

11 | 9 THU

11 | 10 FRI

11 | 11 SAT

11 | 12 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 46

11 | 13 MON

11 | 14 TUE

11 | 15 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

11 | 16 THU

11 | 17 FRI

11 | 18 SAT

11 | 19 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 47

11 | 20 MON

11 | 21 TUE

11 | 22 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

11 | 23 THU

11 | 24 FRI

11 | 25 SAT

11 | 26 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 48

11 | 27 MON

11 | 28 TUE

11 | 29 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

11 | 30 THU

12 | 1 FRI

12 | 2 SAT

12 | 3 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 49

12 | 4 MON

12 | 5 TUE

12 | 6 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 7 THU

12 | 8 FRI

12 | 9 SAT

12 | 10 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 50

12 | 11 MON

12 | 12 TUE

12 | 13 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

12 | 14 THU

12 | 15 FRI

12 | 16 SAT

12 | 17 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2017

WEEK 51

12 | 18 MON

12 | 19 TUE

12 | 20 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 21 THU

12 | 22 FRI

12 | 23 SAT

12 | 24 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2017

WEEK 52

12 | 25 MON

12 | 26 TUE

12 | 27 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

12 | 28 THU

12 | 29 FRI

12 | 30 SAT

12 | 31 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 1

1 | 1 MON

1 | 2 TUE

1 | 3 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 4 THU

1 | 5 FRI

1 | 6 SAT

1 | 7 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2018

WEEK 2

1 | 8 MON

1 | 9 TUE

1 | 10 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

1 | 11 THU

1 | 12 FRI

1 | 13 SAT

1 | 14 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2018

WEEK 3

1 | 15 MON

1 | 16 TUE

1 | 17 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 18 THU

1 | 19 FRI

1 | 20 SAT

1 | 21 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 4

1 | 22 MON

1 | 23 TUE

1 | 24 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

1 | 25 THU

1 | 26 FRI

1 | 27 SAT

1 | 28 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 5

1 | 29 MON

1 | 30 TUE

1 | 31 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2 | 1 THU

2 | 2 FRI

2 | 3 SAT

2 | 4 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2018

WEEK 6

2 | 5 MON

2 | 6 TUE

2 | 7 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2 | 8 THU

2 | 9 FRI

2 | 10 SAT

2 | 11 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2018

WEEK 7

2 | 12 MON

2 | 13 TUE

2 | 14 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 15 THU

2 | 16 FRI

2 | 17 SAT

2 | 18 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 8

2 | 19 MON

2 | 20 TUE

2 | 21 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

2 | 22 THU

2 | 23 FRI

2 | 24 SAT

2 | 25 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 9

2 | 26 MON

2 | 27 TUE

2 | 28 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

3 | 1 THU

3 | 2 FRI

3 | 3 SAT

3 | 4 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2018

WEEK 10

3 | 5 MON

3 | 6 TUE

3 | 7 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 8 THU

3 | 9 FRI

3 | 10 SAT

3 | 11 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 11

3 | 12 MON

3 | 13 TUE

3 | 14 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

3 | 15 THU

3 | 16 FRI

3 | 17 SAT

3 | 18 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 12

3 | 19 MON

3 | 20 TUE

3 | 21 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

3 | 22 THU

3 | 23 FRI

3 | 24 SAT

3 | 25 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2018

WEEK 13

3 | 26 MON

3 | 27 TUE

3 | 28 WED

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

3 | 29 THU

3 | 30 FRI

3 | 31 SAT

4 | 1 SUN

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

8
10
12
14
16
18
20

2018

WEEK 14

4 | 2 MON

4 | 3 TUE

4 | 4 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 5 THU

4 | 6 FRI

4 | 7 SAT

4 | 8 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20

2018

WEEK 15

4 | 9 MON

4 | 10 TUE

4 | 11 WED

8

8

8

10

10

10

12

12

12

14

14

14

16

16

16

18

18

18

20

20

20

4 | 12 THU

4 | 13 FRI

4 | 14 SAT

4 | 15 SUN

8

8

8

8

10

10

10

10

12

12

12

12

14

14

14

14

16

16

16

16

18

18

18

18

20

20

20

20